



YOGA FEDERATION OF INDIA

(REGD. UNDER THE SOCIETIES REGISTRATION ACT XXI OF 1860, REGO. NUMBER 1195, DATED 14.02-90)

AFFILIATED TO ASIAN YOGA FEDERATION & INTERNATIONAL YOGA SPORTS FEDERATION

RECOGNITION OF: INDIAN OLYMPIC ASSOCIATION - OCTOBER, 1998 TO FEBRUARY, 2011

REGD. OFFICE: Flat N. 501, GHS.93, SECTOR-20, PANCHKULA -134 116 (HARYANA) INDIA

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VICE PRESIDENTS:

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(Telangana)

SH. PRABHAT CH. BORA

(Assam)



JOINT SECRETARIES:

SH. G.N. KRISHNAMURTHY

(Karnataka)

SH. ARINDAM MITRA

(Haryana)



EXECUTIVE MEMBERS:

DR. ANITA PATIL

(Maharashtra)

SH. T.S. SANKAR

(Tamil Nadu)

SH. PARESH D. BHATT

(Gujarat)

SH. M. AVINASH SHETTY

(Andhra Pradesh)

DR. K RAJAGOPALAN

(Kerala)

Ref. No. YFI/44636-44680/2026

Dated: 17.05.2026

To,

1. Office Bearer of YFI

2. Presidents and Secretaries of Affiliated units of YFI

PROCEEDINGS OF THE GENERAL BODY MEETING

Election of Independent Committees under the Constitution of the Yoga Federation of India and the National Sports Governance Act, 2025.

PROCEEDINGS OF THE GENERAL BOARD MEETING

Date: 17 May 2026 (Sunday)

Time: 11:00 A.M. onwards

Mode: Video Conference (Zoom)

Members Present

The General Board Meeting was attended by the Presidents and/or Secretaries of twenty-four (24) affiliated State/UT Yoga Associations together with the Executive Board Members of the Federation.

The attendance of the members was recorded and the requisite quorum being present, the meeting was declared duly constituted.

The following Executive Board Members were also present:

1. Dr. Anirudh Gupta – President
2. Mr. Manohar Jhala – Vice President
3. Mr. Prabhat Chandra Bora – Vice President
4. Dr. Abhinav Joshi – Secretary General
5. Mr. Arindam Mitra – Joint Secretary
6. Mr. G. N. K. Krishnamurthy – Joint Secretary
7. Mr. Raman Kumar – Treasurer
8. Dr. Anita Patil – Executive Board Member
9. Mr. M. Avinash Shetty – Executive Board Member
10. Mr. Paresh Bhatt – Executive Board Member
11. Dr. Rajagopalan K. – Executive Board Member
12. Mr. T. S. Sankar – Executive Board Member

Representatives of Affiliated State / UT Associations			
Sr. No.	State / UT	President / Representative	Secretary / Representative
1	Andhra Pradesh	—	Mr. M. Avinash Shetty
2	Assam	—	Mr. Prabhat Chandra Bora
3	Bihar	Mr. Awadhesh Kumar	Mr. Vivekanand
4	Chandigarh	Miss. Amit Chahal	—
5	Delhi	Mr. Krishan Kumar	—
6	Gujarat	—	Mr. Paresh Bhatt
7	Haryana	Mrs. Indu Aggarwal	Mr. Arindam Mitra
8	Himachal Pradesh	Mr. Raman Kumar	—
9	Jammu & Kashmir	Mr. Aryaveer Singh	Mr. Vinod Kumar Bhatia
10	Jharkhand	Mr. Aditya Kumar Singh	—
11	Karnataka	Dr. P. N. Ganesh Kumar	Mr. A. Nataraja
12	Kerala	Adv. B. Balachandran	Dr. Rajagopalan K.
13	Madhya Pradesh	Mr. Manoj Pratap Singh	—
14	Maharashtra	Dr. Anita Patil	Mr. Jatin Solanki
15	Meghalaya		
16	Odisha	Mr. Sitaram Sharma	—
17	Puducherry	Mr. V. Dassaradan	Mrs. Uma A.
18	Punjab	Dr. Anirudh Gupta	Mr. Vishal Goel
19	Rajasthan	Dr. Sher Singh	Dr. Abhinav Joshi
20	Tamil Nadu	Mr. T. S. Sankar	Mr. N. Ramalingam
21	Telangana	Mr. S. N. Reddy	Mr. J. Manohar
22	Uttar Pradesh		Mr. Sunil Kumar
23	Uttarakhand	Mr. Arvind Kumar Kotnala	—
24	West Bengal	Mr. Abhinandan Banerjee	Smt. Snigdha Sen

PROCEEDINGS

The meeting commenced at **11:00 A.M.** under the Chairmanship of **Dr. Anirudh Gupta, President, Yoga Federation of India.**

The Chair welcomed all the General Board Members, Executive Board Members and representatives of the affiliated State and Union Territory Associations. The President appreciated the participation of all members and emphasized the importance of the meeting in view of the important administrative, constitutional and legal matters before the Federation.

Thereafter, **Dr. Abhinav Joshi, Secretary General**, presented the agenda before the General Board as circulated in the Notice of Meeting.

The agenda items were taken up one by one for discussion.

AGENDA NO. 1

Approval of Audit Report and Annual Report

The Secretary General placed the Audit Report and Annual Report before the General Board for consideration.

Proposed by: Dr. Anita Patil (Maharashtra)

Seconded by: Mr. Vivekanand (Bihar)

After detailed discussion, the members expressed satisfaction with the financial and administrative performance reflected in the reports.

Resolution No. GBM/01/2026

RESOLVED THAT the Audit Report and Annual Report of the Yoga Federation of India be and are hereby approved and adopted.

The resolution was **passed unanimously.**

AGENDA NO. 2

Approval regarding organization of the event on 14 June in collaboration with Khayaal

The Secretary General informed the House regarding the proposal received for organizing a Yoga event in collaboration with **Khayaal.**

The objectives, responsibilities and expected benefits of the collaboration were discussed.

Proposed by: Mr. Chetan M. Patel (Gujarat)

Seconded by: Mr. Jai Bhagwan (Delhi)

Resolution No. GBM/02/2026

RESOLVED THAT the Yoga Federation of India approves the organization of the proposed event in collaboration with Khayaal and authorizes the Executive Board to complete all necessary arrangements.

The resolution was **passed unanimously.**

AGENDA NO. 3

Amendment in certain provisions of the Constitution

The Secretary General presented the proposed amendments to certain provisions of the Constitution.

The members discussed the necessity of updating the Constitution for better governance, transparency and effective administration of the Federation.

Proposed by: Dr. Mahesh Chandra (Uttar Pradesh)

Seconded by: Dr. Rajagopalan K. (Kerala)

Resolution No. GBM/03/2026

RESOLVED THAT the proposed amendments to the Constitution, as placed before the General Board, be approved and adopted with immediate effect, subject to statutory requirements wherever applicable.

The resolution was **passed unanimously**.

AGENDA NO. 4

Discussion regarding Court Matters

The Secretary General briefed the General Board regarding the pending legal proceedings concerning the Federation.

The members deliberated upon the legal strategy to safeguard the interests of the Federation.

Proposed by: Mr. Raman Kumar (Himachal Pradesh)

Seconded by: Mr. Vinod Kumar Bhatia (Jammu & Kashmir)

Resolution No. GBM/04/2026

RESOLVED THAT the Executive Board is authorized to continue all necessary legal proceedings and to appoint advocates, file petitions, affidavits and undertake all legal actions deemed necessary in the best interest of the Federation.

The resolution was **passed unanimously**.

AGENDA NO. 5

Federation Cup

The Secretary General informed the House regarding the proposed organization of the Federation Cup.

Members discussed the tentative schedule, technical arrangements, participation of affiliated units and organizational responsibilities.

Proposed by: Mr. T. S. Sankar (Tamil Nadu)

Seconded by: Mr. Sunil Kumar (Uttar Pradesh)

Resolution No. GBM/05/2026

RESOLVED THAT the Federation Cup be organized under the authority of the Yoga Federation of India and the Executive Board is authorized to finalize the dates, venue, technical regulations and all related arrangements.

The resolution was **passed unanimously**.

AGENDA NO. 6

Any Other Matter with the Permission of the Chair

With the permission of the Chair, members discussed general administrative issues concerning the development of Yoga Sports, strengthening of State Associations, athlete participation, and future activities of the Federation.

The President assured all members that the Executive Board would continue working collectively for the promotion and development of Yoga Sports throughout India.

No further specific resolution was required.

VOTE OF THANKS

There being no other business to transact, **Dr. Abhinav Joshi, Secretary General**, proposed a vote of thanks to the Chair and thanked all Presidents, Secretaries, Executive Board Members and State representatives for their valuable participation, constructive suggestions and unanimous support.

The President thanked all members for attending the meeting and declared the General Board Meeting concluded.

The meeting ended with a vote of thanks to the Chair.

Certified True Proceedings



Dr. Abhinav Joshi
Secretary General
Yoga Federation of India